



Civil and Commercial Mediator
Foundation Training Programme

UNIVERSITY OF NICOSIA

INTERCOLLEGE
Limassol



Civil and Commercial Mediator - Training Programme

This 52-hour programme provides detailed and comprehensive tuition for professionals seeking to acquire core mediation skills. Completing and passing ADR Group's Civil and Commercial Mediator Training Programme will enable you to become a fully accredited mediator meeting European standards in mediation.

“Discourage litigation. Persuade neighbours to compromise whenever you can. Point out to them how the nominal winner is often the real loser – in fees, expenses, and a waste of time.”

ABRAHAM LINCOLN, NOTES FOR A LAW LECTURE, JULY 1, 1850

Abraham Lincoln's statement illustrates that for many years there has been a desire for an alternative to court based litigation. Since the Woolf reforms to civil procedure in 1999, legal practice has increasingly included a settlement based approach. There is now a duty on courts to actively case manage by encouraging the parties to co-operate and to use ADR. This judicial pressure, together with a growing realisation of the cost and time benefits of using ADR, has led to a dramatic increase in the number of cases being referred for mediation.

Civil and Commercial Mediator Foundation Training Programme

5 Days - 1250€



Becoming a mediator

Commercial mediation is a well established profession in the US and is becoming ever more popular here in the UK. Training to become a mediator enables both individuals and companies to offer an enhanced range of dispute resolution services, with the majority of mediators practicing mediation as part of a portfolio career.

Who should attend?

The Civil and Commercial Mediator Training Programme is essential for any professional wanting to practice as a mediator. The skills obtained form part of an essential management tool-kit for:

- Professionals with responsibility for resolving disputes
- Legal professionals – Private Practice Solicitors, In-house Legal Directors and Counsel, Barristers etc.
- Professional advisers e.g. accountants, architects, healthcare and other professionals
- HR managers, union representatives and policy advisers

Course Objectives

The course aims to help you to:

- Understand the role mediation plays in the business and legal community
- Develop advanced facilitation skills to promote communication between parties
- Acquire competencies to distinguish issues from interests and develop commercial solutions
- Enhance listening, probing and evaluation skills

Benefits of training with ADRg

Aligning yourself to the right organisation is key. As the longest running dispute resolution company in the UK, ADRg has developed an enviable reputation for professionalism, diversity and quality.

Quality assurance

One of the founding members of the Civil Mediation Council, ADR Group has earned a reputation of excellence in the field of mediation. With ISO 9002 accreditation and ongoing quality review processes, we are widely acknowledged as one of two leading providers of professional mediator training and development in the UK.



Proven results

ADR Group is accredited by the Civil Mediation Council and all our training programmes are approved by the Law Society of England and Wales and The General Council of the Bar. Our courses have continually evolved in association with distinguished experts to ensure that they reflect the latest thinking and practice in the field of alternative dispute resolution.

Meeting standards

ADR Group provides one of the most comprehensive training programmes in the industry. Offering a total of 52 hours learning, including 40 hours face to face practical training, the programme exceeds the required standards of the Civil Mediation Council.

Prestigious accreditation

Following successful completion of the course, you will be awarded with the title of an ADR Group Accredited Mediator, with recognition from the Law Society of England and Wales and the The General Council of the Bar.

Programme Content



Our mediation training course is divided into 3 modules which can be taken at a pace to suit your own development requirements.

Module 1 – Distance Learning Programme on history, theory and basic dispute recognition (12 hours)

The initial phase gives you an insight into the history and theory of mediation. The programme takes you through specific tutorials and case studies together with 6 exercises which must be submitted to ADR Group prior to attending Module 2.

Module 2 – Five day practical training on core mediator competency (40 hours)

This intensive module involves tutoring in mediation's core competencies; planning & organisation, process management, communication skills, facilitation and creative problem solving. Delegates will be involved in role-playing mediation sessions, group discussions and practical exercises in order to practice the skills being learned. The use of video provides opportunity for maximum feedback.

Delegate assessment will be conducted throughout the course and will conclude with a final video recorded assessment of a role-play on day 5 in which delegates will be required to demonstrate the practical application of skills and core mediator competencies. The video recording will be retained for external moderation.

On successful completion of modules 1 & 2 you will become an ADR Group Accredited Civil and Commercial Mediator.

Course Prerequisites

The ADRg Civil and Commercial Mediation Training Programme is designed for individuals affiliated with a professional body. In order to fully engage in the role-play aspect of the course participants require a strong command of the English language. If you have any concerns in this regard, please call us to discuss further prior to booking. There are no other particular course pre-requisites other than a willingness to engage in shared learning through role-plays and interactive exercises. Knowledge of law is helpful but not essential.

Continuing Professional Development (CPD)

Attendance of the ADR Group Civil and Commercial Mediation Programme, Modules 1 and 2 accrues 52 hours Law Society CPD and 33 hours of CPD for The General Council of the Bar.



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